

Sample menus

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Pizza with potato wedges and baked beans	Cheesy pasta with vegetables and garlic bread	Chicken/Veg curry with rice and naan bread and broccoli.	Fish fingers with spaghetti hoops and potato croquettes	Pot luck
	Mini doughnuts	Jelly	Sorbet	Yoghurts	
	A selection of fresh fruit is also offered as an option for pudding each week				
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Pasta bake with garlic bread and corn on the cob	Chicken/Quorn stir fry and rice	Baked potato with cheese and beans	Pie with new potatoes and cauliflower	Pot luck
	Jam tarts	Cheesecake	Flapjack	Angel delight	
	A selection of fresh fruit is also offered as an option for pudding each week				
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Sausages with mashed potato and baked beans	Turkey drummers, spaghetti hoops and potato shapes	Fish cakes, with rice and mixed vegetables	Spaghetti bolognaise with broccoli and garlic bread	Pot luck
	Ice cream	Chocolate brownies	Jelly	Sponge cake	
	A selection of fresh fruit is also offered as an option for pudding each week				
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Kiev, with rice and peas	Fish/vegetables fingers with potato croquettes and baked beans	Tuna pasta bake with sweetcorn and garlic bread	Chicken/Quorn nuggets with potato wedges and baked beans	Pot luck
	Swiss roll	Yoghurts	Mini doughnuts	Sorbet	
	A selection of fresh fruit is also offered as an option for pudding each week				

Allergen information

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